

## Agenda for Class #5 Wednesday, March 12 at 1PM

1. Open discussion of questions and comments you may have from previous classes or anything else (5-10 minutes)

2. I had 2 "Words That Matter" this past week ([JourneyBetween.org/words](http://JourneyBetween.org/words)) that I became importantly aware of to guide me through it all: **Acceptance** (of life as it presents itself) and **Perseverance** (to keep moving forward with determination to achieve my own personal desires in life.)

Also added the word **Resistance** from last week.

Did you have Power Action Words you were aware of this past week and what were they? (5-10 minutes)

3. Journey-5 "Understanding Self-Awareness " (60-65 minutes)

Purpose: Clear your Journey Trail ... by you simply being who you choose to be.

Below is the direct URL (click on image) to view Class #5 page:

<http://JourneyBetween.org/class5>

4. JourneyBetween Course Review

5. Personal Takes-Aways form Journey Between

