



# A Few Basic Metaphysical Concepts *per Ronnie K*

Start

1



## Concept# 1: Spiritual Journeys What are their Purpose?

2

- Spiritual journeys awaken us to a reality beyond the physical world that surrounds us.
- They strip away false identities and invite us to remember who we are ... not just as human beings, but as souls having a human experience.
- These journeys aren't linear; they circle, pause, stumble ... and most importantly ... they transform us.
- PURPOSE: *To come home to Ourselves, and in Oneness to the Source within all things.*

Continue

JourneyBetween.org - A Few Basic Metaphysical Concepts rev02

2



## Concept #2: The Three Dimensions of Love

3

### 1. Physical Love

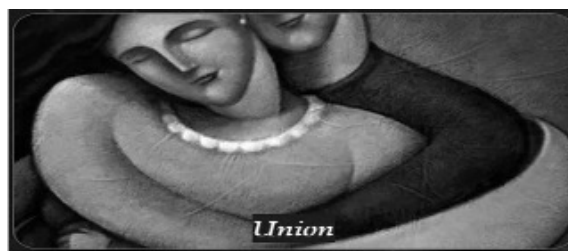
- ✓ Rooted in the body
- ✓ Expressed through touch, closeness, intimacy
- ✓ Builds connection through presence and care

### 2. Emotional Love

- ✓ Rooted in the heart
- ✓ Expressed through empathy, compassion, and trust
- ✓ Builds safety, understanding, and belonging

### 3. Spiritual Love

- ✓ Rooted in the soul
- ✓ Expressed through reverence, unity, and devotion
- ✓ Transcends self, connecting with the divine



Continue

JourneyBetween.org - A Few Basic Metaphysical Concepts rev02

3

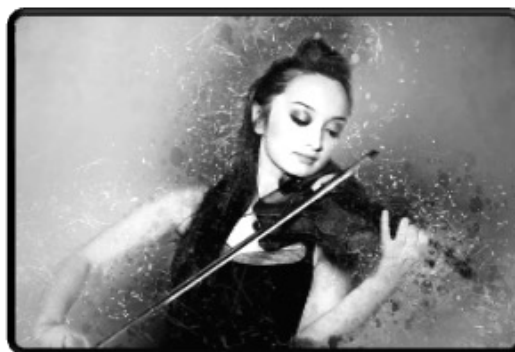


## Concept#3: Connecting Heart and Soul - Finding the Natural Sweet Spot

4

Recognize if there might be a sweet spot/vibrational frequency connecting the Heart to the Soul where "things" flow effortlessly for you perhaps during such activities as:

- Praying
- Meditating
- Singing, Playing and Listening to Music
- Being with Nature
- Creating, Painting, Writing
- Dancing, Drinking, Sex,
- others

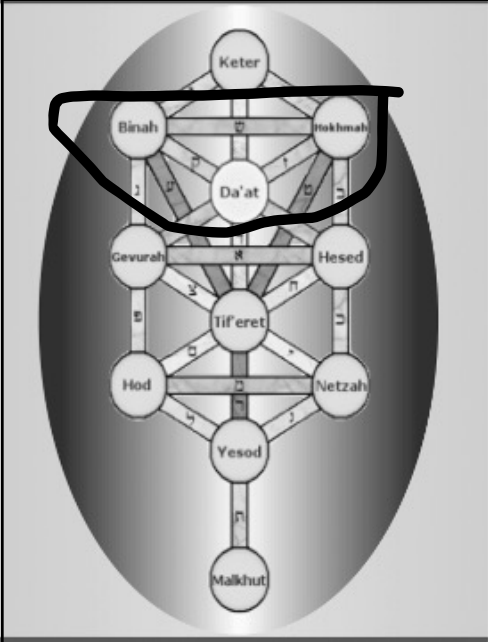


Continue

JourneyBetween.org - A Few Basic Metaphysical Concepts rev02

4

5



## Concept#4a: The Tree of Life


### Kabbalistic Mystical Belief:

The ten sefirot are the backbone of Kabbalah. They are ten channels or attributes through which the Infinite (Ein Sof) expresses itself in creation. Each sefirah is a divine quality of the human soul.

Continue
JourneyBetween.org - A Few Basic Metaphysical Concepts rev02

5

6



## Concept#4b:

### The Practice of Becoming ...

Binah

Understanding  
Practice  
Live it

Hokmah

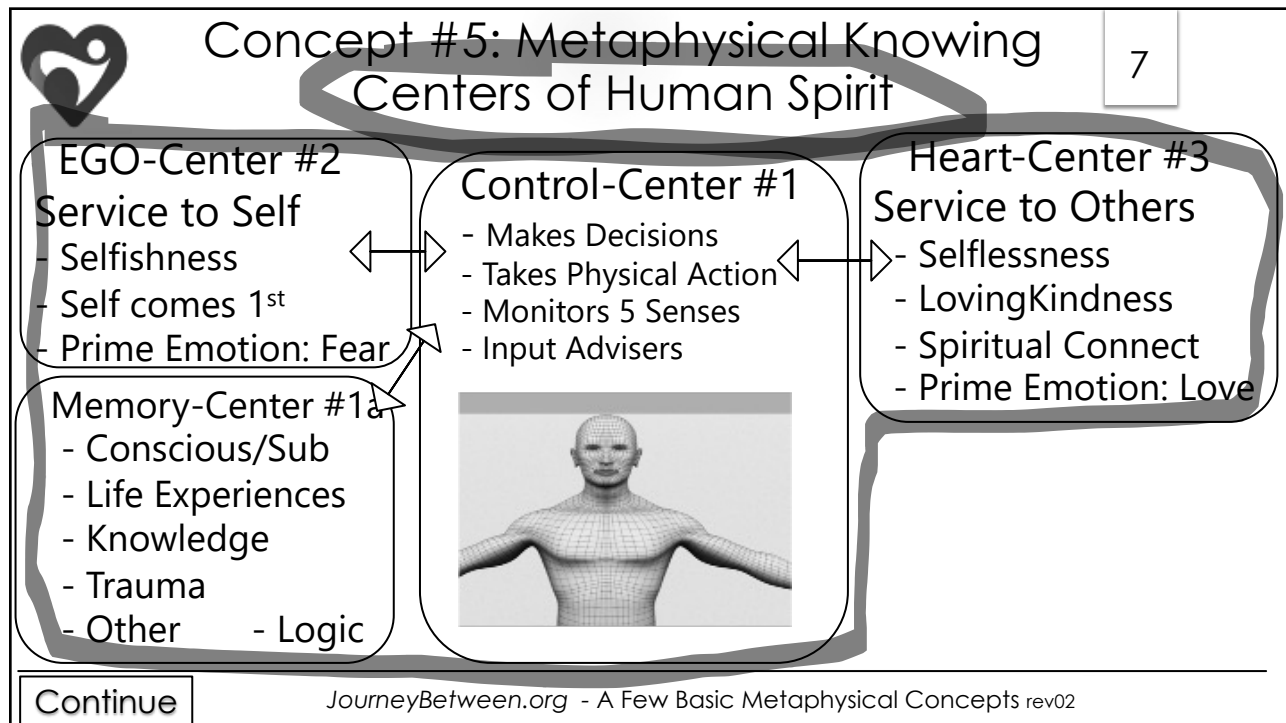
Wisdom  
SilentKnowing  
Become it

Da'at

Knowledge  
Process  
Learn it

Continue
JourneyBetween.org - A Few Basic Metaphysical Concepts rev02

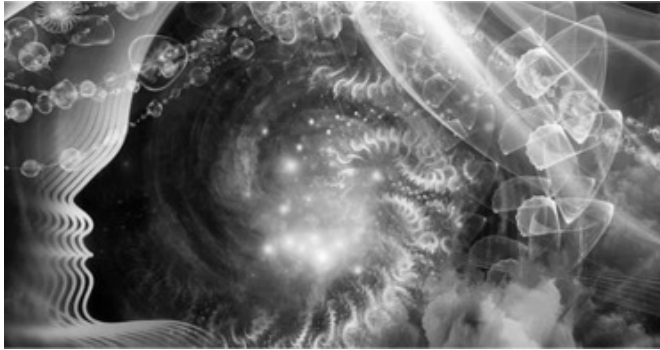
6



7

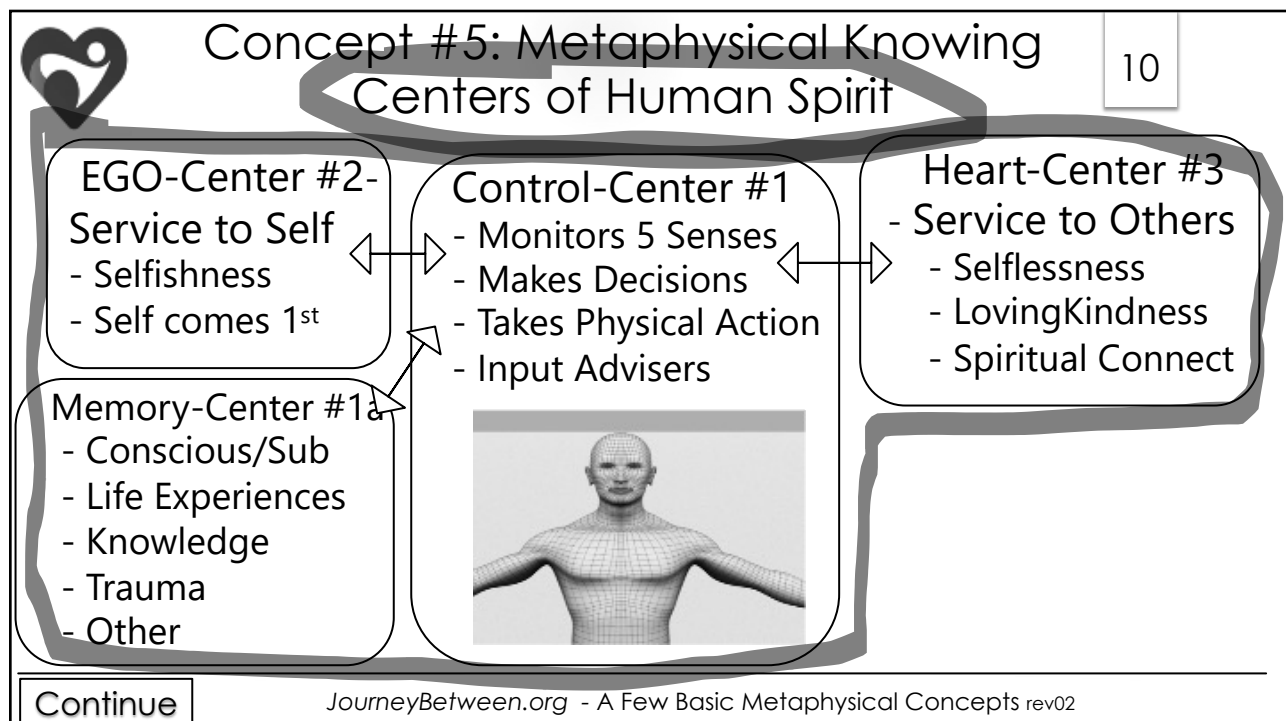


8



The End .  
Some Basic  
Metaphysical  
Concepts

9



10