



## Journey Between Your Heart and Soul

*Learning to Trust the Wisdom of Your Soul  
with Journey Guide Ronnie K*

### **SURVEY - JourneyBetween OLLI Zoom Class Fall 2024**

Class participants who responded: **7**

Typical time spent: **6.5 minutes**

Completion rate: **100%**

[Click Here](#) to visit JourneyBetween website.

### **Question summary**

**1.What was the value to you that you experienced during the class? (Rating scale) \***

5: Much Value 1: Some Value

	Responses
5	3/7 (43%)
4	2/7 (29%)
3	2/7 (29%)
2	0/7 (0%)
2	0/7 (0%)



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### **2. What did you like about the class? (1 to 3 sentences) (Short answer) \***

-I enjoyed interacting with the other participants most

-Insightful. Connecting inspiring hopeful encouraging

-The film and the sharing

-Content and discussion partners, a variety and very nice!

-I appreciated the comments and insights from other people. It was helpful that you presented a range of authors and speakers.

-I liked you using a variety of sources. This allowed us to examine our mind soul connection through different lenses. Thank you.

-the inspiring and thought-provoking videos provoked interesting discussions. Being given the opportunity to comment on each video enhanced participation and a sense of community.



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### **3.Topic recommendations for future classes (Short answer) \***

-Don't change anything

-I think it was great as it was.

-Exploring different concepts of a higher power

-I think I'd like to take this again - truncated 4th class (my conflicts) and missed 5th class (could not find invite).

-None

-None

-More on spirituality and Ronnie's experiences and evolution of thought and worldview.



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### **4. Suggestions for improving the class and presentation in general? (Short answer) \***

-No suggestion

-No idea how to make it better. Excellent. I could take this same class again and considered doing it in the next session. Would that be appropriate? Such a valuable class and reminders.

-Maybe pacing the materials more slowly so that it can be absorbed or thoroughly

-No comment

-Sometimes it seemed you were rushing people when they were thinking or speaking. Sometimes more in-depth description of topics such Kabbalistic would have helped.

-Perhaps questions that would bring us to the topic for our own personal experience and prepare us for the discussion. In other words of warm-up, maybe even a check in of what our previous experience e

-the format and content seem very solid,



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### 5. Would you consider taking similar type classes in the future (Rating scale) \*

5: Extremely Likely 1: Not likely

Opt Responses

5 3/7 (43%)

4 2/7 (29%)

3 2/7 (29%)

2 0/7 (0%)

1 0/7 (0%)



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### **6. How did you like the class discussion opportunities and what could have improved it? (Short answer) \***

-No suggestions

-It was good as it was.

-I appreciated your encouragement for people to participate

-Very good.

-I'd suggest pausing before calling on people to allow some of the low talkers a chance to decide what they wanted to say or whether or not they want to participate.

-You gave us plenty of opportunities consider giving us more time to think about things. The 330 to 530 timeslot is really my low energy time and I had difficulty staying focused.

-Sometimes seemed like the discussions got cut off abruptly... maybe allow a little more time for people to develop their thoughts, feelings, and reactions?



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**7. Which JourneyBetween class had the most meaning for you. (Single choice) \***

QTY

1 ... Journey-1: The Power of Vulnerability with Dr. Brene Brown

2 ... Journey-2: Morning and Evening of Life (Film: The Shift) with Dr. Wayne Dyer

1 ... Journey-3: The Four Agreements with Dr. don Miguel Ruiz

2 ... Journey-4: Metaphysical Possibilities: Defining the Heart-Soul Connection

1 ... Journey-5: Understanding Self-Awareness



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### **8. Final thoughts** (Short answer) \*

I enjoyed the class

I loved all the classes. No real favorite.

Thank you

Wonderful opportunity to cover this material.

I might take the class again

Thank you so much for the time and energy you put into this class.

Thank you!